

SPORT, FITNESS & WELLBEING

Football Academy Level 2

Study Programme Overview

The programme is aimed at boys and girls with a talent for football and run in partnership with Bolton Wanderers Community Trust.

Building on the skills you gained at Level 1, you'll gain a deeper understanding of how the body works, fitness training, sports psychology and nutrition.

Once you have completed the programme you will be able to progress to further study, leading to higher education or employment.

Engaging with employers is also an integral part of this programme – we'll seek to ensure that you have opportunities to gain real-world experience of your chosen sector.

What You'll Learn

Topics on your Study Programme will include:

- Principles of Anatomy & Physiology
- Study of your chosen vocational subject - 50% of your programme
- Employability skills, such as punctuality, attendance, communication and team work
- Work experience or an Industry Placement, giving you a taste of working life
- Tutorial and personal development, such as healthy living, volunteering and citizenship skills

Entry Requirements

Four GCSE's grades 8-4, including English and Maths, or a related Level 1 qualification.

How will I be Assessed?

You will be assessed by practical and theoretical assignments, including exams.

Pre-Professionals Programme

Working with your Learning Development Mentor (LDM), Tutors and Careers Coaches, you'll gain an insight and understanding of your sector, helping you to make important decisions about your future, whether that's university or employment.

Thanks to our partnership with the University of Bolton, you'll also benefit from everything the University has to offer, with a range of opportunities to build additional skills and experiences, giving you everything you need to become a **FUTURE SPORT & FITNESS PROFESSIONAL**, in whichever field you choose!

Exposure to employers is also an integral part of this programme – we'll seek to ensure that you have opportunities to gain real-world experience of your sector, giving you the qualifications and experience to progress!

Supporting Your Learning and Wellbeing

We have a range of dedicated support and wellbeing services including **FREE** travel; **FREE** breakfast; dedicated Learning Development Mentors (LDMs); impartial advice and guidance; dedicated one-to-one support for learners with additional needs; and support with the cost of College, plus much more.



